

SANDWICHES 🍷

SERVED WITH SIDE SALAD

WHITE, BROWN OR GLUTEN FREE BREAD

MATURE CHEDDAR CHEESE AND RED ONION – 6.75

HAM & MUSTARD – 6.95

EGG MAYONNAISE & ROCKET – 6.75

SMOKED SALMON, CUCUMBER & CREAM CHEESE - 8.95

PRAWNS IN A HOMEMADE MARIE ROSE SAUCE – 8.5

TUNA MAYONNAISE & SWEETCORN – 7.5

BACON, LETTUCE, TOMATO WITH TANGY MAYO – 7.5

SMASHED AVOCADO, FETA CHEESE AND TOMATO – 8

HOMEMADE FISH FINGERS, TARTARE SAUCE, LETTUCE – 9

CHICKEN, BACON, CHEESE & TOMATO – 8.5

SIRLOIN STEAK CIABATTA, STILTON & RED ONION CHUTNEY - 16.95

ADD FRIES FOR ONLY £2.5 OR SWEET POTATO FRIES £3.5

UPGRADE FOR CIABATTA FOR £1.5

SIDES

CHUNKY CHIPS/FRIES 4.5 CHEESY CHIPS 5.5

SWEET POTATO FRIES 4.95 SIDE SALAD 4.95

ONION RINGS 3 GARLIC CIABATTA 3.5

CHEESY CIABATTA 5.5

JACKET POTATOES

SERVED WITH SIDE SALAD

PLAIN – 6

CHEESE – 7.5

BEANS – 7.5

CHEESE & BEANS – 8.5

CHEESE & HAM – 8.5

TUNA & SWEETCORN – 9

PRAWN MARIE ROSE – 9.5

AVACADO SMASH – 8.5

SLAW – 7.5

CHEESE AND SLAW – 8.5

EXTRAS

BACON, HAM, CHEESE £1.5 EACH

SMOKED SALMON, AVOCADO, HALLOUMI - £2.5 EACH

🍷 THE MEAN PANINI @ THE WILD ROCKET

SERVED WITH SIDE SALAD

CHIKEN SATAY -9

COATED CHICKEN WITH A SPICY SATAY SAUCE, CORIANDER MAYONNAISE, SHREDDED ICEBERG AND CRISPY ONIONS

THE PAM -9

SLICED CHICKEN WITH CHARGRILLED RED PEPPERS, PESTO MAYONNAISE AND ROCKET

FISH & CHIPS -9.5

BATTERED COD WITH FRIES, ROCKET AND TARTARE SAUCE

HAM, EGG & CHIPS -8.5

HONEY MUSTARD GLAZED HAM WITH CHIPS, FRIED EGG AND ROCKET

PORK & MACARONI -11

BBQ CRISPY PORK BELLY WITH MACARONI CHEESE, CRISPY ONIONS AND ROCKET

BREAKFAST BAP -9.5

HERB SAUSAGE, CRISPY STEAKY BACON, FRIED EGG AND HASH BROWN.

THE SECRET SANDWICH

FOLLOW US ON OUR PAGE (INSTAGRAM OR FACEBOOK) TO FIND OUT WHAT OUR WEEKLY SANDWICH SPECIAL IS

ADD FRIES FOR ONLY £2.5 OR SWEET POTATO FRIES £3.5

🍷 Gluten Free Available

PLEASE INFORM US OF ANY FOOD ALLERGIES OR SPECIAL DIETARY REQUIREMENTS



Lunch Menu

Wild Rocket

STARTERS

- SOUP OF THE DAY** – 6.95 🍷
WARM BREAD WITH BUTTER
- CREAMY STILTON MUSHROOMS** – 7 🍷
ON TOASTED CIABATTA AND ROCKET GARNISH
- PRAWN COCKTAIL** – 7.75 🍷
MARIE ROSE SAUCE, BROWN BREAD WITH BUTTER
- GRILLED HALLOUMI** – 7.5 🍷
HOMEMADE TOMATO & PEPPER SALSA, LEAF SALAD, BALSAMIC GLAZE
- HUMMUS** – 6.5 🍷
WITH PITA BREAD & OLIVES
- SALT & PEPPER CALAMARI** – 7.5
WITH HOMEMADE TARTARE SAUCE
- PANCO BREADED CHICKEN STRIPS** – 6.95
WITH SALAD, GARLIC MAYO & BBQ SAUCE
- BAKED CAMEMBERT** – **GOOD TO SHARE** – 12.95 🍷
WITH CRANBERRY SAUCE AND GARLIC BREAD

MAIN COURSE

- TRADITIONAL FISH AND CHIPS** – 16.5
TRIPLE COOKED CHIPS, PEAS, HOMEMADE TARTARE SAUCE
- SALMON & PRAWN FISH CAKE** – 15
SKINNY FRIES AND SALAD WITH FRENCH DRESSING
- PAN FRIED SEABASS** – 19.5 🍷
KING PRAWNS IN LEMON BUTTER SAUCE,
MASHED POTATOES & VEG
- PAN ROASTED SALMON FILLET** – 18.5 🍷
NEW POTATOES, MIX VEG & SAUCE VIERGE
- SPAGHETTI CARBONARA** – 14.95
SERVED WITH GARLIC CIABATTA AND ROCKET GARNISH
- GREEN PESTO TAGLIATELLE** 14.95 [V]
WITH ROASTED PEANUTS, ROCKET & PARMESAN
(ADD CHICKEN £3)
- CRISPY PORK BELLY** – 16.5 🍷
CRUSHED SAGE & BUTTER POTATOES, MIX VEG,
BLACK PUDDING AND APPLE & VANILLA GRAVY
- HOMECOOKED HAM, EGG, PEAS & CHIPS** – 12.5 🍷
RISOTTO OF THE DAY – 15.95 🍷
- WILD ROCKET STEAK SALAD** – 19.5 🍷
SIRLOIN STEAK, MIXED LEAVES, BLUE CHEESE, ONION,
CROUTONS AND HOUSE DRESSING
- HALLOUMI SALAD** – 15.5 [V] 🍷
MIXED LEAVES WITH AVOCADO, ONION, OLIVES,
BALSAMIC DRESSING & HERB CROUTONS
- CHICKEN CAESAR SALAD** – 15.5 🍷
ICEBERG LETTUCE TOSSED IN CAESAR DRESSING,
PARMESAN, EGG, ANCHOVIES, CROUTONS
- CHICKEN NEW YORKER** – 17.5 🍷
BUTTERFLIED CHICKEN BREAST TOPPED WITH BACON,
CHEESE & BBQ SAUCE, MIXED LEAF SALAD & FRIES
- CREAMY MUSHROOM CHICKEN BREAST** – 16.5 🍷
CRUSHED NEW POTATOES & MIX VEG
- LAMB CUTLETS** – 23 🍷
MASHED POTATOES, MIX VEG & MINT GRAVY
- 28 DAYS MATURED :**
FILLET STEAK 8OZ – 29 🍷
SIRLOIN STEAK 8OZ – 23 🍷
TRIPLE COOKED CHIPS, GRILLED TOMATO, MUSHROOMS

STEAK SAUCES: STILTON SAUCE, PINK PEPPERCORN SAUCE, GARLIC BUTTER 2.95

GLUTEN FREE PASTA IS AVAILABLE ON PRE-ORDER OR DEPENDING ON AVAILABILITY

HOMEMADE BURGERS 🍷

ALL SERVED WITH FRIES & SIDE SALAD

- HALLOUMI & SMASH AVOCADO BURGER** 14.95
FRESH TOMATO & FETA CHEESE
- PANKO CHICKEN BURGER** 14.95
SWEET CHILI MAYO & FRESH TOMATO
- WILD ROCKET BEEF BURGER** 15.95
BACON, CHEESE, CRISPY ONIONS, GHERKINS & FRESH TOMATO

EXTRAS £1.50 EACH:

CHEESE, BACON, HAM, BLACK PUDDING; (UPGRADE TO SWEET POTATOES FRIES £2)